MENU FOR PRESCHOOL Week1

MERCY LAND NURSERY SCHOOL

Passionate about Educating Children and in also seeing them develop

Monday:BreakFast (White Porridge)



:Snack (Sandwich,Peanut Butter)



:Lunch (Macaroni & Tuna with Green Salad)



:Snack (Healthy Home Snack)



Tuesday:Brea Fast (Brown Porridge)



:Snack (Sandwich with Jam)



:Lunch (Rice,mince & veg)



:Snack (Healthy Home Snack)



Wednesday:BreakFast (Oats)



:Snack (Sandwich with Cheese Spread)



:Lunch (Pap ,Wors & Soup)



:Snack (Healthy Home Snack)



Thursday:BreakFast (White Porridge)



:Snack (Sandwich,Peanut Butter)



:Lunch (Rice chicken and Pumpkin)



:Snack (Healthy Home Snack)



Friday Weet-bix



:Snack (Sandwich (Jam)



:Lunch (Fish Fingers and Chips)
:Snack hot dogs & Burgers



:Snack (Healthy Home Snack)



MERCY LAND NURSERY SCHOOL

MENU FOR PRESCHOOL Week2

MERCY LAND NURSERY SCHOOL

Passionate about Educating Children and in also seeing them develop

Monday:BreakFast (White Porridge)



:Snack (Sandwich,Peanut Butter)



:Lunch (Rice;Vegetables&Meat)



:Snack (Healthy Home Snack)



Tuesday:BreakFast (Brown Porridge)



:Snack (Sandwich with Jam)



:Lunch (Beef stew & Samp)



:Snack (Healthy Home Snack)



Wednesday:BreakFast (Oats)



:Snack (Sandwich with Cheese Spread)



:Lunch (Mince & Mash potatoes)



:Snack (Healthy Home Snack)



Thursday:BreakFast (White Porridge)



:Snack (Sandwich,Peanut Butter)



:Lunch (Rice chicken and Pumpkin)



:Snack (Healthy Home Snack)



Friday Weet-bix



:Snack (Sandwich (Jam)



:Lunch (Fish Fingers and Chips)
:Snack hot dogs & Burgers



:Snack (Healthy Home Snack)



MERCY LAND NURSERY SCHOOL